LifeComm





Messa ge from Chairman

We start off the year with seemingly cloudy uncertainies ahead but with it comes greater opportunities to serve the community. This is what Life Community Services Society mission statement represents - To empower children and families through care and mentoring. Never before have we seen greater challenges and needs. With greater adversities come greater opportunities to serve.

We are very blessed to have committed staff, volunteers, care givers, sponsors and donors who are willing to jointly bear the responsibilities and trust given to LCSS. Each of you believe in the cause that LCSS stands for. You serve with much joy and sacrificial giving of love, time and substance.

In spite of adverse circumstances and financial constraints, it is with this zeal that I believe will bring a future and hope for each of the care recipients.

On behalf of the Board of LCSS, I want to thank all of you for your sincere and whole-hearted participation and co-labouring with us.

Goh Kng Yan



Messa ge from Chief Executive Officer

Adversity comes with Opportunity

2008 was a frightful year for many but a fruitful year for us at Life Community Services Society (LCSS). Despite drastically reduced donations and grants, we still grew quantitatively and qualitatively. The economic crisis created greater needs in the community, but we saw the great opportunity instead to touch lives regardless of race and religion: to bring joy, love and hope to the less privileged.

Commitment to the Community

The inauguration of this newsletter, LifeComm, reports on our partnership and progress in 2008/9. As at January 2009, our two core services - Friends of Children (FOC) and Life Student Care (LSC) - have 403 children, 47 more than same period last year. 2009 sees two new core services launched, serving youths-at-risk and latch-key kids, namely Friends of Youth (FOY), and MightyKids, Families & Community (MightyKFC) respectively.

Applauses, Accolades and Award

Occasionally, we wonder from where our resources would come to upkeep the various programmes; and each time God sends partners and people into our path. Among the many corporations and individuals mentioned in our newsletter, special thanks go to Mr Phillip Tan, Vice President of NCSS, Chairman of the Yellow Ribbon Fund and Champion for the underdogs. Through him, LCSS not only obtained funding for FOC and FOY, but also acquired a centre for FOY/MightyKFC at Telok Blangah Rise.

Moreover, we are honored to partner with Dell (S'pore) in serving the community. Indeed, it is double honor because Dell (S'pore), in working with LCSS, won the Dell Foundation Global Volunteer of Distinguish Award

– a first for Dell (S'pore) since its inception more than 10 years ago. Quoting Mr Chia Lee Kiat (Dell Community Program Lead): "With 60,000 employers over 30-over sites worldwide, it is an outstanding feat for Dell Singapore to win this award."

Continuous Partnership

2009 is challenging but your continuous partnership will help us do more for the underprivileged. We will always remember your generous and sacrificial giving that improves life in communities and leaves a legacy for posterity. On behalf of LCSS: a BIG THANK YOU to you committed donors, volunteers and staff.



James Wong



Friends of Children

Started in 2004, Friends of Children (FOC) programme takes on an intervention approach of providing care and support for children (7-13 years old) with incarcerated parent(s). Currently there are 290 children and caregivers of various ethnic groups, island-wide under our care. We employ a holistic intervention approach through the five components of service as mentioned below. In addition, we have a group of volunteers who form the Befrienders Programme. The aim is to develop a supportive one-to-one relationship with the child and provide him or her with a positive and nurturing experience.

Being engaged with the FOC programme, our clients receive the following support:



Psychological / Emotional Behind the smile of every child lies a sad story and a desire to gain acceptance and love. LCSS staff is there to support and lend a listening ear.



Physical Food Ration such as biscuits and milk are given monthly.



Social Corporate partners provide a platform for our children to socialise in a safe and nonthreatening manner.



Educational Guidance programme to teach the children values such as love, peace and forgiveness.



Financial We assist our caregivers to tap on various grants available on top of our in-house financial assistance schemes (FAS).



Friends of Youth

Friends of Youth (FOY) programme is a new initiative. The programme takes on an intervention approach of befriending youths (12-19 years old) of incarcerated parent(s) to celebrate and harness their energy and talent into positive outcomes. Through activity-based programs we befriend and impart moral values to the youths. We also create a platform for the youths to reintegrate back to their families and society.





International Full Gospel Fellowship (IFGF) is a valuable partner that has joined hands with us in planning and implementing FOY quarterly events.

FOY enjoys a movie and hangs out together in a safe environment during the school holidays.



Anyone needs "SPICES" in life? Well, this is the acronym for our programmes at Life Student Care (LSC). LSC provides quality Before and After School Care services for children aged 7 to 12 years old. Our mission is to reach out to primary school children, (regardless of race, language and religion); focusing mainly on the low-income families. There are 3 Life Student Care centres located in Hougang, Sengkang and Yishun.

S.P.I.C.E.S emphasises on the total development of our children.



Social - Connect time



Intellectual - Guided Studies & Academic Learning



Emotional & Spiritual - Life skills and moral education



Physical - Confidence-building outdoor programmes



Creative - Creative Programme such as art, singing, drama...



Wonder what MightyKFC is all about? MightyKids, Families and Community (MightyKFC) seeks to reflect LCSS' belief in the potential and value of every child and the importance of the family as foundational to the growth and progress of the community.

Our objectives are as follows:

- To nurture the underprivileged children and youths within a specific housing estate.
- To adopt a holistic approach by reinforcing the institution of family and encouraging their participation.
- To inculcate in the young people a lifestyle of volunteerism within the community.



Case Study 1 - Strengthening family foundations

MightyKFC assisted an Indian couple to get their marriage legally solemnized and registered, thus enabling the community child to have a wholesome family unit. Around 30 volunteers were mobilized to plan and organize the wedding; even bringing the couple to Little India to buy a set of new clothes and accessories for their wedding.

Radin Mas Community Club graciously allowed us to use their community hall for this joyous occasion, free of charge. Our youth volunteers creatively decorated the wedding hall. Relatives, friends and volunteers turned up to congratulate this couple and their two children. MightyKFC is glad to contribute to the welfare of the community child by restoring the institution of family.

Case Study 2 – Sharing their sorrow

On the same day, following the wedding celebrations, volunteers of MightyKFC proceeded to another part of Telok Blangah estate to render help and condolences at a funeral where another community child was in need. The family was appreciative of MightyKFC's support during their time of bereavement.





CORPORATE SOCIAL RESPONSIBILITIES

Activities and Global Award

Dell (S'pore) - LCSS Partnership Wins Global Award

To the IT savvy, Dell is synonymous with computers.

But to the children of FOC, they will remember the team from Dell B.V.(S'pore) who have **brought**love, laughter and life to them.

Mr Chia Lee Kiat, (Dell Community Program Lead) said "We were planning some community outreach programs . After obtaining a list of NPOs from NVPC, we decided to work with LCSS because they were very receptive to



lence and enjoy quality life despite having difficult family circumstances. The team also delivered

food ration to the home of these children and encouraged the caregivers.

Said Mr. Chia, "James Wong, CEO of LCSS, was also very encouraging and supportive in the whole partnership experience. LCSS' staff, Margaret and Annie, were extremely helpful with the coordination of the events and **we were**

Global Community
Involvement

Part of our Winning Culture



also influenced by their passion for community and social work." LCSS is honoured to partner with Dell in this community programme that won them **Dell Foundation Global Volunteer of Distinguish Award.**

A 'Yellow Ribbon' Tied Up Beautifully

'The works are enormous, but there is a paucity of funds'. The challenges of LCSS in this area are perennial. With the kind assistance of Mr. Phillip Tan, Chairman of Yellow Ribbon Fund, LCSS has been tied up to NCSS key personnel for other sources of funding. This has helped us to defray some programmes' cost.





Who Cares...? MOH Cares

Dr. Ravi and Dr. Harold together with their 51 passionate volunteers from the Ministry of Health (MOH) went beyond their profession to sponsor the FOC's annual June outing to the Singapore Flyer on 7 June 2008. The children were ecstatic with the 'flying' experience which gave them a bird's eye view of Singapore. The lesson imparted to them was to achieve high goals and to stand up tall.

Loving Our Kids... The DBS Vickers Securities' Way

Our children enjoyed an all expenses paid educational outing (including goodie bags and lunch) to the zoo on 22 March 2008, by the courtesy of DBS Vickers Securities.

A sudden downpour did not dampen the spirit of the children and the passionate volunteers. They carried the children hurriedly and ran for shelter. Managing Director, Timothy Wong together with his team brought much joy, love and laughter despite the downpour.





Singapore Exchange (SGX) donated approximately \$92,000 to LCSS from the funds raised by the Bull Charge event. In addition, the volunteer staff from SGX through their

own internal fund raising, brought the children out for a Duck Tour. The children were also given an opportunity to enter the board room of SGX and experience being a big boss. The volunteers challenged them to work hard so that one day they may be the leaders of tomorrow. Thank you SGX for the passion in partnering with LCSS to touch the lives of the children.



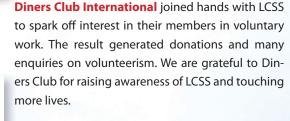


Seagate has been very committed in helping us to raise funds to defray programmes' cost. On top of this, they assist us to deliver food ration to our caregivers and give tuition to the weaker students in Life Student Care (LSC).



Johnson and Johnson (J&J) donated a number of gifts, including a laptop and their products to our FOC children during the last Christmas season. Their team of IT professionals has adopted LCSS to meet our IT needs and to provide IT training to our staff. J&J is also sponsoring FOC's annual June Outing 2009.

Lorna Whiston Study Centres contributed boxes of story books to our children, textbook reference materials for our LSC teachers and donated furniture to furnish our new upcoming Youth Centre. LSC teachers are fortunate to be given the opportunity to be trained by their professional staff. The Language Centre has adopted 5 children as recipients of their English enrichment classes.







SAP (Asia) Pte Ltd donated used laptops to the delight of our Pri 4 to Pri 6 students for e-learning purposes. SAP also contributed new shelves for the centre, giving the children a clearly defined and pleasing environment to browse through some of their favourite story books.

Educational Partners

RGS Students Serve The Community

As part of the CIP requirements, eight Secondary 2 girls from Raffles Girls' Secondary School volunteered a tuition service at Sengkang LSC. They helped the students who were less academically inclined. Besides guiding the children patiently, they tailor-made some worksheets according to their needs. Their efforts paid off when the students returned with their improved results.

National Institute of Education (NIE) volunteers organised a fun-filled educational day trip to the Science Centre. They planned activities such as station games at the Science Centre to enhance the children's understanding of the five senses. The children had a great time answering the quizzes and participating in the games organised by the NIE volunteers as well as gaining a better understanding of their five senses.

> Nanyang Polytechnic (NP) - A group of volunteer students put in many hours of work in planning a mural to brighten up Sengkang LSC. Upon the final design, the students spent an entire day tirelessly painting a beautiful mural outside Sengkang LSC. Their commitment to the project had them working till night fall. They have brought colour to the centre and made it a more inviting place for our children to be in.

Tampines Juniour College (TPJC) - A

group of 11 students from Tampines Junior College organised a fun-filled race around the Zoo for the children. The TPJC students provided KFC lunch before the race. The children had the opportunity to explore the zoo while having fun playing the station games. They had a great time learning about the different animals and visiting the various animal enclosures.

National University of Singapore (NUS) - Some students from NUS organized activities such as mind-mapping, creative writing and recycling at one of the university's halls. The children had plenty of fun while learning the skills that opened their minds to becoming creative individuals. They learnt to think and explore outside the box!



Singapore Management University (SMU) -

Volunteers from SMU wanted the children of Hougang LSC to have an attractive library that would grasp the children's interest in reading. A new resource library was set up as 'Spongebob Cove'. This includes painting the walls so that the children will be attracted to explore the library and be drawn to become readers.

CHARACTER BUILDING WITH WINNING ATTITUDES

Aunty Cheng Suan and her team from Yishun Methodist Mission (YMM) come every fortnight to conduct character building lessons. Last year, the children learned about "Winning Attitudes"

such as obedience, truthfulness, courage, responsibility,

forgiveness etc. The team from YMM use stories, songs and guizzes to teach the children, which they enjoy thoroughly.

The YMM team also helps to organize a Christmas Party every year. Besides giving gifts to the children, a cash donation to Yishun LSC was also given in early 2009.

ST. PETER'S CHURCH

The members of St. Peter's Church have been very faithful and committed in partnering Sengkang LSC. They have organised activities in conjunction with special days such as Mother's Day. The children were guided by the volunteers in making 'popiah' to serve their mothers after a parenting talk organised for the mothers. The youths from St. Peter's Church also impart badminton and basketball skills and techniques to the children.

St. Peter's have put in much time and love into the lives of the children through the Care and Share programme and imparted good character attributes to our LSC children. Both the staff and the students of LSC are very appreciative of their effort.

Heart-warming News

BEST PROGRESS AWARD

When *William joined FOC in August 2006, he was not interested in his studies and was doing badly in his exams.

His mum, the sole-breadwinner, worked long hours. Thus, his grandfather was the primary caregiver.

William was soon attached to a befriender (volunteer) who was supportive and patient in helping William do well in his studies. William was concurrently undergoing a guidance programme conducted by our staff.

Soon after, William's grandfather noticed an improvement in William's behaviour. He became a responsible boy. He also gradually began to improve in his studies. William passed all subjects very well for his PSLE. We are very proud of William!

*Not his real name

Heart-breaking News

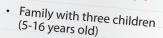
Case Study

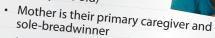
Overcoming Dad's Violation

- Family of three children (8-17years old)
- Caregivers (mother and grandmother) are often sick, thus, mother lost her job
- Father incarcerated due to drug abuse and rape
- Family needs professional counselling, emotional, academic, financial and medical support
- Children need professional counselling, emotional and academic support
- Family needs financial and medical support.

Case Study

Lack of Love





- Mother has been emotionally unstable and therefore unable to give appropriate attention to her children
- Mother unable to find a suitable job that allow her to care for her children
- The oldest child has witnessed his father's repeated incarceration
- He has problems managing anger and stress and displays aggressive behaviour

681 Hougang Ave 8, #04-801, Singapore 530681. Tel: 6387 3700. Fax: 6387 3768. Email: lcss@life-community.org. www.life-community.org

Life Community Services Society - Donor & Volunteer Form

	se fill in your partio deductable receipt		y your interest(s).Donor's personal pa	rticulars MUST be completed for	
Name (as in NRIC)				NRIC/FIN No	
Com	pany Name:				
Addı	ress:			Postal Code	
Tel N	lo: (HP)	(O)	(H)	Email:	
A) I	would like to done	ate to Life Community	Services Society (LCSS) to help this w	orthy cause.	
(1	 (I) My contribution of S\$		for the work in LCSS is: *Personal / Corporate Donation	on	
(I			specifically for FOC's food ration to the needy children and families. *Personal / Corporate Donation		
	Signature			Date:	
B) I	would like to find (out more about volunt	eering opportunities		
*	*Personal/Corporate			FOC FOY LSC MKFC Please tick (✔) accordingly)	
1	. Ad hoc voluntee	rs (Pls specify area:			
2	. Tutors or Teache	rs			
	. Fund-raising				
4. Counsellors5. Editorial publishing & Support for e-newsletters6. Hosting Presentations			L		
			wsletters		
			L		
7	. Befrienders		L		
AUT	HORISATION FOR	M FOR CREDIT CARD I	PROCESSING		
Name on Card:			Card No:	Card No:	
Contributed Amount:			Type of Card: *Visa / N	Type of Card: *Visa / Master / AMEX / DINERS	
Card	Expiry Date:				
Signature:			Date:		